

Websites suitable for Yr 9-12 Food Technology - compiled by Ms W Herbert, 2007

Food Hygiene

<http://www.foodstandards.gov.au/> Food Standards Australia New Zealand

http://www.foodstandards.gov.au/_srcfiles/complete_safefood.pdf A Guide to Food Safety - 229 page PDF document

<http://www.foodsafetymatters.gov.au/foodsafetymatters/default.asp> website for Food Safety kit.

<http://www.keepfoodsafesafe.com/index.html> Kimberley Clarke - good pdf aimed at commercial premises

<http://www.ozfoodnet.org.au/> Fed Gov initiative to track food borne illnesses

http://magma.nationalgeographic.com/ngm/0205/sights_n_sounds/media2.html film about food safety around the world

<http://www.eufic.org/index/en/> European Food Information Council – good BMI calculator

<http://www.foodlink.org.uk/> food safety – English site

Food Production

http://www.lmpc.edu.au/Resources/TAS/flowchart/flowchart_1.html Learning Materials Production Centre – info about process flow chart symbols

<http://www.foodstudents.net/englisch/foodstudents.html> Food Students - European site

http://magma.nationalgeographic.com/ngm/0205/sights_n_sounds/media2.html 7 minute film on food production and food safety [accessed 23.8.07]

Food Science

<http://www.exploratorium.edu/cooking/> Science of Cooking – explanations, pics, recipes and videos [accessed 23.8.07]

Bush Food

<http://www.cityofsydney.nsw.gov.au/barani/main.html> History of Aboriginal People in the City of Sydney.

<http://www.teachers.ash.org.au/bushtucker/index.html> bush tucker plants

http://science.uniserve.edu.au/school/curric/stage4_5/nativeplants/teacher.html extensive list of links already compiled for teachers by teachers about bush tucker

<http://farrer.riv.csu.edu.au/ASGAP/APOL10/jun98-6.html> from Australian Plants online – bush tucker plants

http://www.rbg Syd.nsw.gov.au/information_about_plants/botanical_info/aboriginal_bush_foods Royal Botanic Gardens, Sydney – bush foods of Sydney region

Food for Special Occasions

http://www.crumbcakeart.com.au/novelty_cakes.htm novelty cakes

<http://www.planetcake.com.au/> novelty cakes

<http://www.casadel.com.au/cakes.htm> cakes

<http://www.sweetart.com.au/> Sweet Art at Paddington

<http://www.orchardicing.com/Default.htm> Orchard Icing site - good info and recipes

Culture and Religion

http://www.betterhealth.vic.gov.au/BHCV2/bhcarticles.nsf/pages/Food_and_celebrations?open
[accessed 3.6.06] Food and Celebrations eg around the world for birthday, weddings, Christmas

http://www.betterhealth.vic.gov.au/BHCV2/bhcarticles.nsf/pages/Food_culture_and_religion?OpenDocument [accessed 3.6.06] Food, Culture and Religion

<http://judaism.about.com/gi/dynamic/offsite.htm?site=http%3A%2F%2Fwww.jewfaq.org%2Fkashrut.htm> info about Judaism and food [accessed 3.6.06] quite extensive reasoning behind the Jewish dietary laws

<http://kosherfood.about.com/od/kosherbasics/f/jewishdietlaws.htm> [accessed 3.6.06] basic list of Jewish dietary laws

Christmas

<http://www.historychannel.com/exhibits/holidays/christmas/> from an American perspective but good info about the ancient winter solstice celebrations and how Christianity evolved and took over 25th Dec

<http://www.allthingschristmas.com/traditions.html> info about Christmas symbols like Christmas trees etc...

<http://www.schools.ash.org.au/thscompst/Pages/map.html> food & celebrations from several countries including Australia, Russia and Greece

<http://www.schools.ash.org.au/thscompst/Russia/Festivities.html> Russian foods for celebrating Christmas, Easter etc...

Easter

<http://www.intermirifica.org/easter/eastsymbol.htm> [accessed 1.6.06] excellent info on Easter foods – lamb & eggs

<http://allrecipes.com/advice/coll/easter/articles/522P1.asp> [accessed 4.6.06] Easter foods around the world

<http://www.foodtimeline.org/easter.html> [accessed 4.6.06] good info about Easter eggs, hot cross buns, etc...

http://www.bbc.co.uk/food/news_and_events/events_eastertraditions.shtml [accessed 4.6.06] more info re Easter foods

<http://www.sfakia-crete.com/sfakia-crete/greekeaster.html> [accessed 4.6.06] Greek Easter traditions and recipes

St Valentine's Day and chocolate

<http://www.cbc.ca/news/background/valentines/> [accessed 4.6.06] info

<http://www.historychannel.com/exhibits/valentine/> [accessed 4.6.06] history channel info

<http://www.infoplease.com/spot/valentinesdayhistory.html> [accessed 4.6.06] history info

<http://www.crewsnest.vispa.com/valentine.htm> [accessed 4.6.06] clear easy to read info

Children's Parties

<http://www.childrensparties.com.au/> [accessed 3.6.06] lots of info re children's parties

http://www.partykids.com.au/pages/default.cfm?page_id=4455 [accessed 3.6.06] lots of info and good recipes

Adult Parties

<http://www.fingerfoods.com.au/home.html> [accessed 3.6.06] commercial site but gives good ideas for foods suitable as finger foods for entertaining

Table Setting

<http://www.webtender.com/handbook/glassware.html> glasses [22.6.06]

<http://www.luminarc.us/info/drinkwareTypes.php> glass types and pics [22.6.06]

<http://www.cutlery.com/> types of knives

<http://www.gomerchant1.com/index.cgi?Merchant=classicutlery&Cartid=4401150978278&ExpandDepts=> knives – good pics

<http://www.eleganteating.com/catering/order/flatwear1.htm> pics of formal cutlery – also adult party planning ideas

Garnishing

[accessed 12.6.06]

<http://homecooking.about.com/od/garnishing1/ss/honeydewsbs.htm> melon basket

<http://homecooking.about.com/od/garnishing1/ss/watermelonsbs.htm> watermelon basket

<http://homecooking.about.com/od/garnishing1/ss/cucumberspiral.htm> cucumber spiral

<http://homecooking.about.com/od/garnishing1/ss/cucumberfans.htm> cucumber fans

<http://www.gourmetfoodplaza.com/Articles/Garnishes.htm> lots of good garnishes – savory and sweet

http://www.achefshelp.com/food/fruit_and_vegetable_carving.html fruits and vegetable garnishes

<http://www.veggyart.com/> commercial garnishes for events and magazines – great pics

Nutrition

<http://www.foodstandards.gov.au/monitoringandsurveillance/foodcompositionprogram/nutrientdatabasefor163.cfm> nutrient database

<http://www.nhmrc.gov.au/publications/synopses/n35syn.htm> the new RDIs for Australia

<http://www.nutritionaustralia.org/> Australian Nutrition Foundation

<http://www.nhmrc.gov.au/publications/synopses/dietsyn.htm> National Health and Medical Research Council – Australian Dietary Guidelines

<http://www.foodwatch.com.au/index.html> Catherine Saxelby - good site

http://www.usaid.gov/hum_response/crg/annex-4.htm American Recommended Dietary Allowances

<http://www.nismat.org/nutricor/> American sports medicine site – nutrition for athletes

<http://www.fao.org/> Food and Agriculture Organisation – United Nations

<http://www.who.int/en/> World Health Organisation – United Nations

[accessed 20.9.06]

<http://www.nutritiondata.com/> American site – huge database of foods and their major nutrients content – has all the fast foods as well. Can do very interesting searches based on food groups and nutrient content.

http://www.ars.usda.gov/main/site_main.htm?modecode=12354500 United States Dept Agriculture nutrition database

<http://www.calorieking.com.au/foods/> Calorie King Australia – good database – does not give info about iron content of foods – but written in metric measures.

<http://www.csiro.au/csiro/content/standard/ps24q,,.html> CSIRO Australia – kilojoule calculator for your age, height and weight.

http://www.csiro.au/proprietaryDocuments/12345_Plan.pdf 12345+ CSIRO healthy eating plan pdf document

<http://www.nutrio.com/content?page=62&cat=0> from Canada – a calculator for exercise and calorie use

http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Kilojoules_and_calories-explained?open Kilojoules explained – Victorian dept health fact sheet

http://www.abc.net.au/science/surfingscientist/pdf/lesson_plan13.pdf#search=%22kilojoules%20%2B%20activity%22 Australian ABC site - good lesson plan explaining energy use.

Nutrition – Special Needs

<http://www.racp.edu.au/ads/index.htm> Australia Diabetes Assoc

<http://www.diabetes.com.au/living.php?regionID=188&page=recipes> recipes for diabetics

<http://www.chw.edu.au/parents/factsheets/fosnackj.htm> snacks and lunchbox ideas for children

<http://www.heartfoundation.com.au/index.cfm?page=22> heart foundation tick campaign

http://www.healthinsite.gov.au/topics/Diet_and_Heart_Disease prevention & recovery from heart disease

<http://www.ais.org.au/nutrition/> Australian Institute of Sports – nutrition

http://hsc.csu.edu.au/food_technology/nutrition/nutrition_athletes/nutathle.htm nutrition for athletes

<http://www.allergyfacts.org.au/> anaphylaxis – food allergies

Food Companies

<http://www.arnotts.com/School/AboutArnotts/AboutArnotts.asp> Arnotts

<http://www.sunrice.com.au/rice/index.asp> Sunrise Rice

<http://www.aaco.com.au/default.htm> Beef

<http://www.sanitarium.com.au/> Sanitarium Health foods

Food Associations

<http://www.lessonsinfood.com/index.php> Lesson In Food – Aust Fed Gov site

<http://www.apal.org.au/index.htm> Apple and Pear Australia Ltd

<http://www.abgc.org.au/pages/general/information.asp> Banana Growers Assoc

http://www.austcitrus.org.au/internal_report.php?pageid=9 Citrus Growers

<http://www.dairy.com.au/> Dairy Australia

<http://www.mla.com.au/default.htm> Australia Meat & Livestock Organisation

Recipes

<http://www.abc.net.au/backyard/recipes/> ABC recipes

<http://www.bbc.co.uk/food/recipes/> BBC recipes

<http://www.cooksrecipes.com/> recipes

<http://www.recipes4us.co.uk/index.html> UK site - recipes – plus international recipes

<http://www.nestle.com.au/Recipes/Default.htm> Nestle Australia - recipes

<http://www.meals.com/Index/Index.aspx> Nestle site as well – more meal based recipes and party planning advice

<http://www.kraftfoods.com/kf> Kraft Foods - recipes

<http://www.bettycrocker.com/> Betty Crocker – good info on party food planning, buffets etc...

<http://www.mealsforyou.com/> has nutrition based recipes as well

Vegetarian

<http://vegweb.com/> USA site – lots of recipes

Food Preparation

<http://www.lowfatlifestyle.com/culinaryterms.htm> culinary terms glossary

<http://www.cooksrecipes.com/cooking-dictionary/cooking-dictionary.html> culinary terms glossary

<http://www.nutribase.com/glossary.shtml> culinary terms based on food groups – long lists of fruits and veges

<http://www.recipes4us.co.uk/Glossary.htm> culinary terms – UK site

<http://www.exploratorium.edu/cooking/> Science of Cooking – explanations, pics, recipes and videos
[accessed 23.8.07]

Food Product Development

<http://www.vegemite.com.au/index.cfm?fuseaction=VegemiteDiscovery.welcome> history of Vegemite and marketing it in the early years

<http://www.sevenoaks.wa.edu.au/linkpage/product/index.html> food product development at Bakers Delight. Good step by step process info

<http://www.abc.net.au/schoolstv/food/ep8.htm> Food for Thought ABC TV

http://www.lmpc.edu.au/Resources/TAS/Food_Labelling/Food_labelling.swf Food Labelling

<http://www.tiptop.com.au/?flashver=7#> Tip Top bakery food product development virtual tour